

Happy

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Carstairs Junction Primary School and Early Learning & Childcare

Our Wee School's a Good Wee School



Friday 22nd March 2024

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Dear Parents/Carers,

Welcome to our March Newsletter and thank you for your continued support in all aspects of school life.

Class Showcases Thank you to all the families who have attended showcases so far. We only have Room 2 and 3 to go! We really do appreciate your support and engagement as do the children, going by the big smiles on their faces.

Enterprise & Charities Committee Our committee would like to say a big thanks for supporting our Comic Relief fundraisers recently as we raised £131.87.

Cross Country Our Primary 6 and Primary 7 cross country runners did us proud at Lanark Racecourse on 13th March. There were 19 schools taking part with 453 participants! The children have also been great at the after-school club sessions in the lead up to the event. Cross Country running takes grit and perseverance as the weather and running conditions can be tough, well done to all. Thank you to Mrs Seaton for leading our club.

P7 Enterprise Our P7s had a fantastic morning at Lanark Grammar yesterday, having the opportunity to work with other P7s from other schools. The morning involved a range of activities, building on their STEM skills. Many thanks to all the Lanark Grammar staff and S6 Buddies for making it a great day.

Class trips/Visitors We are in the process of finalising class trips for after Easter, with some great plans in motion. We will share with you more information via Parents Portal for your child's class plans soon.

Parents Portal Live Items The following consents are live on Parents Portal and require completion for permissions.

- Room 1 Forest Schools
- P7 NEC Applications (as part of their transition to High School)

Please also check the Parents Portal calendar as this will be updated with any trips or outings.

Best Work Award – February 2024

Room 1 – Aarush & Zack, you are effective contributors, taking turns to make shortbread.

Room 2 - Logan has been working well with an adult when completing his ten-minute daily activity. What a responsible citizen, you are managing your time well.

Room 3 – Leon, you are a successful learner, including emotions in you writing. Target achieved!

Room 4 - Reuben, you are a Successful Learner as you have been working hard on telling the time to o'clock, half past and quarter past on digital and analogue clocks. Great resilience!

Room 5 - Well done to you all. You have worked together and communicated effectively, showcasing the history of the school. Very responsible citizens!

Room 6 - Evan did a great job at following a recipe to make pancakes. You participated enthusiastically and made delicious pancakes he was very proud of.

SAMH Workshops

These were shared via Parents Portal also.

19/3/24	Understanding and Managing Stress and Anxiety	1pm – 2.30pm
19/3/24	Mental Health Awareness	6.30pm – 8pm
20/3/24	Listening to and Supporting My Child	10am – 11.30am
21/3/24	Managing My Wellbeing	10am – 11.30am
25/3/24	Managing My Wellbeing	10am – 11.30am
26/3/24	Listening to and Supporting My Child	6.30pm – 8pm
27/3/24	Understanding and Managing Stress and Anxiety	1pm – 2.30pm
28/3/24	Mental Health Awareness	12.30 – 2pm



Tesco Blue Tokens We are delighted to let you know that following the Tesco Stronger Starts vote at Lanark Tesco, our project came **First** and has been chosen by Tesco customers to receive a grant award of £1,500.00! We will use this money to

further develop outdoor play/forest schools' resources for the benefit of all children. Thank you for all the votes!




Partners Parent Council The next Parent Council meeting will be held on Wednesday 17th April 2024 at 9.30am in school.

Daffodil Tea Thank you to everyone who attended and supported our Daffodil Tea. We really do appreciate your support and engagement. We have raised a fantastic £667.50!!



Pedal Pals We are keen to get Bikeability for our P6 and p7s started after the Easter break. We now have a stock of brand-new bikes which you are child is able to access. We will share dates for Bikeability will you soon.

We are looking for parents/grandparents to support us with basic bike maintenance from time to time. As you will appreciate, we need to keep these bikes in good order. If you are interested in either supporting with basic bike maintenance or helping with Bikeability training, please see our flyer and contact Elaine, who will be able to give you more information,



Pedal Pals

Carstairs Junction Primary School

We are excited to share some information with mums, dads and other adult carers about our exciting new cycling project starting next term!

Our Pedal Pals project will provide us with bikes and adapted trikes for pupils to use in school during the *Bikeability* programme that gives our pupils the knowledge and skills to cycle safely.

The funding we have secured will also allow us to involve parents and carers in the programme and will give adults the opportunity to complete training to support the Pedal Pals programme. Adults could choose to complete either:

a basic bike maintenance course or Bikeability training.

Training will be provided completely FREE of charge and will be delivered in Carstairs Junction Primary during school hours (Dates and times to be confirmed).

With the support of parents and carers we can also offer some additional after school opportunities for our pupils too!

If you would like get involved in the project please contact Elaine Morrison
Youth, Family and Community Learning Officer on 01555 870301 or email gw14morrisonelaine01@glow.sch.uk for more information.



NEURODEVELOPMENTAL SERVICE

APRIL 2024 WORKSHOP CALENDAR



Date & Time	North Workshops	Date & Time	South Workshops
16/04 12.30-14.00	Visual supports to aid understanding, routines and transitions	04/04 10.00-12.00	Why Won't You Eat
23/04 12.30-14.30	Managing Meltdowns	11/04 10.00-11.30	Supporting Neurodiverse communication in early years
30/04 12.30-14.30	Sense-Ability	18/04 10.00-12.00	Sleep
		25/04 10.00-12.00	Supporting your child to manage their anxiety

North:

NCT Centre, 15 Manse Road
Newmains, ML2 9AX

South:


Blantyre LIFE
90 Park Lane, Blantyre, G72 9AS

This is an overview of all workshops for the month.
For booking information, please visit:
<https://www.eventbrite.com/o/neurodevelopmental-service-cyp-nhsl-78023144453>

We also run workshops through Hope for Autism and ARCH

Date & Time	HOPE for Autism Workshops	Date & Time	ARCH Workshops
18/04 10.00-11.30	Supporting Language and Communication in Young Children with Neurodevelopmental Differences (Wellwynd)	19/04 10.00-12.00	Sense-Ability (Reid St, Hamilton)

To book **HOPE** workshops, please use this QR code which takes you to their Eventbrite page. Workshops are live to book 2 weeks before scheduled date.



Please note, **ARCH** workshops are for **SOUTH LANARKSHIRE** families **ONLY**. To book ARCH workshops, please contact either of the following:
0344 2251111,
ARCH@southlanarkshire.gov.uk

Neurodevelopmental Workshops

A flyer was sent out via Parent Portal, highlighting workshops available to families.

Newly added diary dates are in bold below. Dates have been added up until the end of May for now 😊

Diary Dates:

26 th March	Swimming Lessons for P5's (Lesson 2)
27 th March	Room 6 Forest School (Final session)
27 th March	Room 3 Showcase at 2pm
28 th March	School closes at 2.30pm for Spring Break
15 th April	Staff & pupils return to school after Spring Break
16 th April	Swimming Lessons for P5's (Lesson 3)
17 th April	Parent Council at 9.30am in school (ELC & Primary)
17 th April	Room 1 Forest Schools (Session 1)
23 rd April	Swimming Lessons for P5's (Lesson 4)
24 th April	Room 1 Forest Schools (Session 2)
30 th April	Swimming Lessons for P5's (Lesson 5)
1 st May	SAMH P6/7 Parent Workshop in school 9-10.30
1 st May	SAMH P6/7 pupil Workshop for pupils 10.45-12.15
1 st May	Room 1 Forest Schools (Session 3)
2 nd May	INSET Day 5 – School closed to pupils
3 rd May	P7 (supported classes) visits to Lanark Grammar 9.30-11.15
6 th May	May Day Holiday
7 th May	Swimming Lessons for P5's (Lesson 6)
7 th May	P7 Multi Sports at Lanark Grammar 3.45-5pm
8 th May	Room 1 Forest Schools (Session 4)
10 th May	P7 (supported classes) visits to Lanark Grammar 9.30-11.15
14 th May	Swimming Lessons for P5's (Lesson 7)
14 th May	P7 Multi Sports at Lanark Grammar 3.45-5pm
15 th May	Room 2 Forest Schools (Session 1)
16 th May	P7 Parents Information evening at Lanark Grammar
17 th May	Room 2 Showcase at 2pm
17 th May	P7 (supported classes) visits to Lanark Grammar 9.30-11.15
21 st May	Swimming Lessons for P5's (Lesson 8)
21 st May	P7 Multi Sports at Lanark Grammar 3.45-5pm
22 nd May	Room 2 Forest Schools (Session 2)
24 th May	School Sports Day at 1.30pm – All families welcome (This is held behind the community hall)
28 th May	Swimming Lessons for P5's (Lesson 9)
28 th May	P7 Multi Sports at Lanark Grammar 3.45-5pm
29 th May	Room 2 Forest Schools (Session 3)
31 st May	Report to Parents

Thank you everyone for your continued support for our busy wee school.

Kind regards,



Jill Armour
Head Teacher